

(Referenced in the audio course)

When Will She Wake Up?

Understand the variables involved in how long she won't be herself.

(Experts state that a midlife crisis in women can last two to five years.)

The lower your combined scores, the sooner she is likely to wake up and be herself.

Circle a number for each of 8 questions. Answer for both you and your wife.

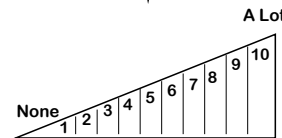
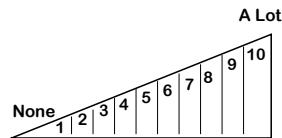
You



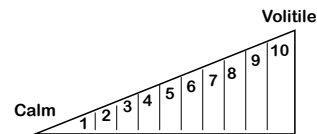
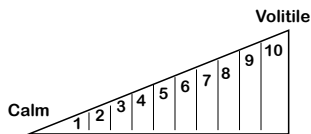
Your Wife



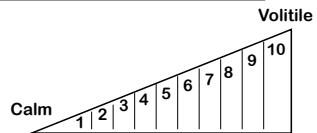
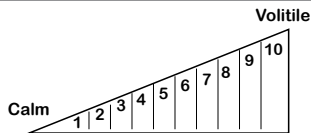
1- How much emotional childhood pain did you endure in the first 10 years.



2- How emotionally volatile was your mom during your first 10 years?



3- How emotionally volatile was your dad during your first 10 years?



4- Did your parents divorce before your 15th birthday?

No Yes
-5 +10

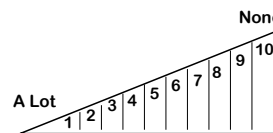
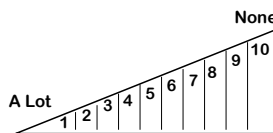
No Yes
-5 +10

5- Did your mom and dad have a high conflict marriage?

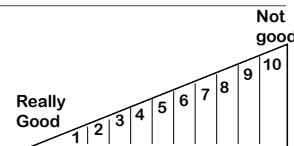
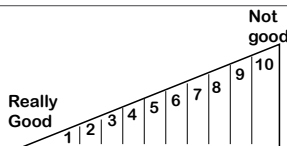
No Yes
-5 +10

No Yes
-5 +10

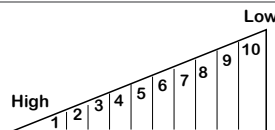
6- How your children's pain is affecting your desire to stay with the marriage.



7- How your dad treated your mom in your first 10 years of childhood.



8- Your motivation to consistently do what this course requires.



-NA-

This chart is simply a way to visualize how greater childhood chaos creates more chaos in your adult intimate relationship, which then requires more time to repair.

Total up the husband side scores and then the wife side scores.

You Your Wife
Your Score Her Score
Minus score - Minus score -
Total + =

Your two combined scores total

30 - to - 50 - to - 75 - to - 100 - to - 130 - to - 150

6 mon-1 yr.

18 months

2 years

3 years

4 years

5 years

(Referenced in the audio course)

How Is Your Wife Motivated?

Let's think of these four women as coming from four countries; control, fun, perfect and peace. Here they are so that you can locate your wife in one of these positive countries because it will help you understand her in a way you haven't been able to do before.

Control Country

If your wife is from control country, she is a strong willed woman who can easily take charge and get people to follow her. She is a woman of action and decisions. She has very little patience with people who can't decide things.

Fun Country

If your wife is from fun country, she is a very social woman who needs to connect and relate with other people. She is on the phone a lot because she doesn't like to be alone. She laughs easily, loves conversation and wants to be given approval for the way she acts.

Perfect Country

In perfect country your wife will talk a lot to say a little. That's because she feels things very deeply but has a hard time expressing herself so she keeps on talking trying to get her emotional point across. She's sensitive and can be easily hurt by the wrong look or tone of voice. She wants things to be right and if they are not, she can get upset very quickly.

Peace Country

If your wife is from peace country, she is a very calm and relaxed woman with just a few trusted friends. She would much rather listen than talk. The most important thing to remember about your Peace country wife is that she can't stand conflict. If she perceives conflict happening, she will shut down and close up. Because of this need for peace, she wants to be respected for who she is.

5 Things Your Wife has Always Loved

[illegible]

Her Midlife Crisis... A Husband's Do's and Don'ts List

- Husband Survival Kit -

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- DO1** Eliminate any against energy out of yourself and create good meaning for everything.
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- DO2** Separate yourself from your dark side and separate the woman you love from hers as well.
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- DO3** When she's herself, treat her like the guidelines in this course. *(What she's always wanted)*
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- DO4** Stay private about what you are doing. No one needs to know.
-
- DO5** Remember the key: C.A.R.S. NOT D. U. P. E.
-

1 DON'T ignore DO # 1.

2 DON'T tell anyone about what you are learning and applying.

3 DON'T repeat anything said by your wife's dark side.

4 DON'T give yourself over to any against energy.

5 DON'T give up on the girl you love.
